

Date : 29 July 2023 (Sat)
Time : 1:30pm - 5:30pm
Venue : Online ZOOM platform

**The limited physical session had been fully booked*



Scan QR or click link for ZOOM Registration:

<https://us06web.zoom.us/join/91234567890>



11th Annual Scientific Meeting 2023 (Hybrid*)

Measure Your Blood Pressure Accurately, Control It, Live Longer



Prof Vernon Oh

Professor
National University of Singapore



Clin Prof Koh Tian Hai

Emeritus & Senior Consultant
National Heart Centre Singapore



Dr Akira Wu

Nephrologist & Physician
Mt Elizabeth Medical Centre



Dr Troy Puar

Senior Consultant Endocrinologist
Changi General Hospital



Adj Assoc Prof Veerendra

Senior Consultant
Tan Tock Seng Hospital



Dr Annamarie Borja

Principal Resident Physician
Tan Tock Seng Hospital



Ms Kng Kwee Keng

Principal Pharmacist (Clinical)
Tan Tock Seng Hospital



Dr Low Lip Ping

Consultant Cardiologist
Mt Elizabeth Medical Centre



Assoc Prof Jimmy Teo

Associate Professor
National University of Singapore



Assoc Prof Tay Jam Chin

Senior Consultant
Tan Tock Seng Hospital

Supported by:





Dr Umer Khan
Associate Consultant
National University Hospital
(Chairperson: Session 1 to 3)



Adj Assoc Prof Ashish Anil Sule
Senior Consultant
Tan Tock Seng Hospital
(Chairperson: Session 4 to 6)

1:30pm **Opening Introduction** (10 mins)

Assoc Prof Jimmy Teo
President, SHS

1:40pm **Symposium 1 (Sponsored by Boehringer Ingelheim)**
Should 24-hour ABPM be the standard of care in
hypertension management by primary care physicians?
2:00pm Q&A (5 mins)

Prof Vernon Oh
Div of Advance Internal Medicine
National University of Singapore

2:05pm **Symposium 2**
Hypertensive heart disease – is ECG adequate or is
Echo needed?
2:25pm Q&A (5 mins)

Clin Prof Koh Tian Hai
Dept of Cardiology
National Heart Centre Singapore

2:30pm **Symposium 3 (Debate)**
Hypertension management is more important than
glucose control or vice versa in diabetic kidney disease.
2:45pm (15 min each)
3:00pm Rebuttal (1 min each) & Conclusion

Dr Akira Wu
Renal Medicine
Mt Elizabeth Medical Centre

Dr Troy Puar
Endocrinology
Changi General Hospital

3:05pm **Tea Break Workshop (Sponsored by Sanofi)**
3:40pm A Practical Guide on Management of Hypertension.

Adj Assoc Prof Veerendra
Dept of Internal Medicine
Tan Tock Seng Hospital

Dr Annamarie Borja
Dept of General Medicine
Tan Tock Seng Hospital

3:40pm **Symposium 4**
Pharmacist talk - RFMP - A Pharmacist intervention
program to enhance control of hypertension.
4:00pm Q&A (5 mins)

Ms. Kng Kwee Keng
Pharmacy
Tan Tock Seng Hospital

4:05pm **Symposium 5**
Global CV-risk-based management of hypertension
rather than BP-thresholds-based management.
4:20pm Q&A (5 mins)

Dr Low Lip Ping
Cardiology
Mt Elizabeth Medical Centre

4:25pm **Symposium 6**
Urgent need to redefine the criteria of hypertension in
guidelines.
4:45pm Q&A (5 mins)

Assoc Prof Jimmy Teo
Div of Nephrology
National University of Singapore

4:50pm **Closing**
5:00pm

Assoc Prof Tay Jam Chin
Dept of General Medicine
Tan Tock Seng Hospital